

Week of November 8, 2021

IB NEWSLETTER

Hillcrest IB Weekly Newsletter



Dear IB Parents and Students,

IB COORDINATOR MESSAGE

We have some great things happening in IB! Our IB food drive has started. There will be bins from the Utah food bank around the school. Please donate!

Our IB program hosts "End of Quarter Treats." Every student who gets a 3.0 or better at the end of the quarter got a nice treat on Monday November 8th. Our IB officers hosted almost 600 students! We are proud of academic excellence at Hillcrest and want more students to try at least one IB course in their time here.

Heading into the Fall and Winter Holidays, our IB seniors will be meeting some very big milestones in their IB Journey. Their Extended Essay will be complete, their English HL essay, their TOK assessments and other internal assessments in their IB courses. They are working extremely hard to meet these deadlines. They must take time for themselves, find balance and get away from school work when they can. Our November CAS activity next Thursday, November 18th, will be a mindfulness/yoga session with our Hillcrest yoga instructor and drill team coach Ms. Chelsea Divine. We want to thank her for taking the time to help our IB students!

- Mr.Olsen

IB STUDENT COUNCIL PRESIDENT MESSAGE

Seniors! The EE deadline is coming up quick, make sure to get feedback from your advisors and edit those rough drafts.

Anyone interested in getting service for NHS or CAS is welcome to sign up for tutoring at the Boys and Girls Club in Midvale at this link

<https://docs.google.com/spreadsheets/d/10HWWGKpvd2xir2IXIX1iNVJDly1I5ydcZRquzFm7MIA/edit?usp=sharing>. This will likely be held every Monday after school, depending on staffing. Also, donating to the food drive is a great way to get service as well. Students can get up to five hours for donating. Make sure to take pictures!

- Selena Yu

CAS COORDINATOR MESSAGE

CAS Question of the Week!

How many slots are there in the common app for extracurriculars?

The answer will be at the end of my message.

National Honors Society is currently holding a donation drive for Lifting Hands International, an organization dedicated to helping refugees from and people in the Middle East. They've decided to open this drive to the entire school as a class competition lasting throughout the entirety of November.

Starting next week, look for an area or box in your APP teacher's classroom for donations. Each item has a certain amount of points that'll be counted at the end of each week. The winning APP class at the end of the month will get free breakfast from Kneaders, second place will get ice cream sandwiches, and third place will get donuts. Make sure to donate so your class wins!

Most of the seniors and juniors have been doing a great job with their CAS portfolios and they have been using CAS as a tool to help them with their college applications and with summer programs. So how many slots are there in the common app for extracurriculars? There are ten slots! The first slot should be your #1, the student's WOW factor that is going to catch the admission's reader eye. Extracurriculars show how well rounded the student is, their personality, and if they are the right fit for their campus. So, placing your extracurriculars strategically does matter. The headline to your extracurricular is important too.

- Ms.Veenstra

IMPORTANT ANNOUNCEMENTS

- *STEM Tutoring for IB students: <https://studentledstemtutoring.weebly.com/>*
- **November 15: Payment of IB exam fees. Please pay at the main office. You can also call and get that fee put on skyward, so you are able to pay online. Main office, 801-826-6000**
- **November 12 - November 23:** *The IB food drive has started! Please bring in canned food for the Food Bank. The food drive will end before Thanksgiving break, Wednesday, November 23rd. Bins are in the main office and in the IB office. You can also receive NHS hours. Donations are five items for one hour. You can earn up to five donation hours to any donation drive for this quarter.*
- **November 18:** *November CAS Activity will be a one-hour Yoga session with our Yoga teacher and drill coach Ms. Chelsea Divine. 6:00 – 7:00pm*
- **November 22:** *Beginning November 22nd Our IB program will be volunteering at the Midvale Boys and Girls Club every Monday after school! More information to come on signing up for this great service opportunity.*
- **November 24-26: Thanksgiving Recess**
- **December 1st: Final EE draft due.**



Official Hillcrest IB Website

<https://www.hillcrestib.org>

Important Contact Information

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“I THINK THEREFORE IB”

Question: *How do I decide what HL courses I should take?*

Answer: *An IB student should choose their HL courses wisely. Generally, English and History are taken as HL courses at Hillcrest. This is because a student has to have 4 years of English as a Utah high school graduation requirement, so an IB student is required to do 2 years of IB English, the same goes for History. However, a student may opt to take these courses as SL courses if they would rather have the sciences, math and/or language be their 3 or 4 HL's. The short answer is, an IB student should take their favorite courses and/or the ones they feel most passionate about as their HL's.*

**if you'd like a question answered under the “I think therefore IB” section of the IB newsletter, please submit your questions to john.olsen@canyonsdistrict.org*